

# Academy News

THE MOTORSPORT  
NEW ZEALAND  
ELITE ACADEMY



Above: Malcolm Read takes to Speedway in the Rally Off Season. His report on his summer is in this issue of Academy news.

While on the right he features on the podium with Mike Young during the 2015 APRC season.

## The Official Newsletter from the Motorsport New Zealand Elite Academy.

Welcome to the third edition of the official newsletter for the Motorsport NZ Elite Academy.

This latest newsletter brings you all back up to date with the progress of the class of 2015. As always these reports again come directly from the graduates in their own words, writing to you as part of the range of tasks they have had during their year.

This is a continuation of their on going development. These are their personal reports to you as friends of the Motorsport Trust and there desires to share with you the journey they are all taking as part of the class of 2015.



### Mike Young's 2016 Rally Tour.

"With the rally season about to hit for speed in the next week or so I have been busy preparing myself for it. It's been five months since Rally China and that has given me plenty of time to make some gains behind the scenes. I have been working hard on the fitness, gym sessions every week and as much cardio as I can in between. I have taken full advantage of the support the Elite Academy has given me post camp. I'm hoping the strength and conditioning sessions will really benefit me in the tough Asia Pacific Rally Championship this year. As fitness is the key in the slow and twisty long stages. The fitness plus the mental skills training will really help me cope with the long days and then concentrate when it matters.

I'm really happy we are still in a Cusco prepared Subaru WRX Rally car for 2016. We are moving to a newer and lighter Subaru that both me and Malcolm are really looking forward to rallying. In the new White livery in Cusco terms we are classed as Ace driver or Factory car. A really cool honor after being with the team for five years. EZY Racing have pledged their support for another year and its exciting times ahead. Together we have some awesome things planned and a few cool ideas. For example every two weeks we will be doing "Minute with Mike" where I talk about one rally topic.

### Still Simply The Facts

|                                     |     |
|-------------------------------------|-----|
| Drivers that are fully professional | 15  |
| Active drivers in the sport         | 70+ |
| Total graduates                     | 107 |
| Years the academy has been run      | 12  |



At the end of April I will have two Rallies. I am using the Quit Forrest Rally as my season opener to dust off the cobwebs and get some good seat time. Its a rally I have spectated at and co drove in, so I'm really looking forward to being back behind the steering wheel. After that its back in the car with Malcolm and the adventure of the APRC begins at Rally Whangarei!!

Mike Young

As a footnote to readers from the Trust we can also inform you that recently a broadcast arrangement was made between APRC TV and TVNZ and the entire 2016 APRC Season will be screen this year on the all new Duke Channel which can be found on the Freeview Platform and on the Sky one as well. So for the first time in many years you will be able to follow Mike and Malcolm across the APRC season so be sure to check it out.

### Chelsea Herbert. Miss SsangYong Racing Series Superstar.

What a season I have had so far! The season didn't start off in the best way

Out and about? Then remember the New Zealand and APRC Rally seasons are underway now so get out and support the Academy drivers they will always be keen to say hello. They are easy to find as they all run with the Academy logo on their race suits and cars so be sure to say hello and offer some words of support and chat to them on their experiences, they are after all the future of our :

The circuit racing guys start to take a bit of a break now but you will still see them around and they would still all like to hear from you as well.



but in the previous two rounds that I have competed in, everything has managed to come together really nicely and has resulted in some very pleasing results. Now, with having all my fitness (thanks to Formula Fit), my mental skills (thanks to Ultimate Performance), my nutrition (thanks to Performance nutrition services limited) and my life balance (thanks to Jenny-May) all in check my race performance has improved significantly. In the first round back of the year (round 4) I had some great results, with having my lap times in the top three almost all weekend and some really close racing I managed a 5th overall in the MTF ute. The following round was in Manfeild (round 5) which was a really great opportunity to learn another great track that NZ has to offer. It was a very competitive weekend with some close, "elbows out" racing taking place. Again, thanks to the Elite Motorsport Academy for providing me with such great resources to help develop me as a driver, I managed to just about get the correct balance of all the aspects you need as a driver for a winning recipe and although I came up just short of first overall for the weekend, I am still really pleased with second overall for round 5.

Kind Regards,  
Chelsea Herbert



Above: Nicole and Matt in action during the 2015 New Zealand Rally Championship.

### Academy thoughts.

New Zealand drivers make headlines around the globe in early 2016.

One only now has to read the paper or open any form of media to find that kiwi drivers are still setting massive bench marks already in 2016.

Nick Cassidy performing in Japan and Europe, Hayden Paddon setting the WRC on fire and clearly stating he has arrived. Shane van Gisbergen a major force in V8 Super Car in 2016 no question of that. Brendon Hartley setting stunning lap times for Porsche in pre season testing.

Then just around the corner Mitch Evans GP2 Richie Stanaway WEC and 2015 LeMans winner, Earl Bamber back in WEC let alone the other drivers that race in Australian V8 SuperCars series Chris Pither and Andre Heimgartner. On the home front Simon Evans took the NZ Touring Car Championship win. Combine that with the class of 2015 and those from further back and the Academy and MSNZ can stand very tall and proud on the domestic and world motorsport stages.

Below Brad Lathrope Racing Team hard at it for the final round of the season.



## The Class of 2015

Just a little reminder of Who They are.

Michael Young  
Asia Pacific Rally Driver.

Brad Lathrope  
NZ V8 Driver TL Class.

Nicole Summerfield  
NZRC Rally Co Driver.

Malcolm Reid  
APRC and NZRC Rally Co Driver.

Chelsea's Herbert  
Karter and SsangYong Racing Series driver.

Sam Barry  
NZ V8 Utes Driver.

Caleb Cross  
Formula Ford Driver.

Brooke Reeve  
Formula First driver.



Brad Lathrope BNT NZ Touring Car driver at Hampton Downs representing the Academy values well in 2015/16



Chelsea in action at Manfeild at the NZGP meeting. Geoff Ridder photo.

### Nicole's View from the Co Drivers side of life.

Hello!

The work I have been doing over the last couple of months has building up to next weekends, Otago Rally (first round of the New Zealand Rally Championship). I have been working really hard on my strength training at the gym. The mission is to be able to lift a rally wheel easily. Also, I have been combining my mental skills training with my gym workouts by doing mind puzzles on my phone whilst being on the cross trainer - thats harder than it sounds trust me!

I am really looking forward to this season of rallying. I feel like all of our competitors are going for the win this year and its going to make every little extra 1% we do outside the car all the more important.

Keep up to date with our progress on Facebook, Matt Summerfield Rallisport

Talk soon  
Nicole

### Next Issue. The Winter Edition.

The Motorsport New Zealand Elite Academy will be published each quarter with updates on the progress and news of the class of 2015 and 2016 as well as the graduates from earlier camps.

Trustee contacts are

Shayne Harris

[Shayne.Harris@mdc.govt.nz](mailto:Shayne.Harris@mdc.govt.nz)

Tony Herbert

[therbert26@gmail.com](mailto:therbert26@gmail.com)

Bob McMurray

[bmcm@ihug.co.nz](mailto:bmcm@ihug.co.nz)

David Turner

[perspectivegrouppltd@gmail.com](mailto:perspectivegrouppltd@gmail.com)

Lyll Williamson

[lyll@internationalmotorsport.co.nz](mailto:lyll@internationalmotorsport.co.nz)



## Brad Lathrope - The V8 Corner.

Since our last report we've had journeyed back up from the South Island to contest the last 2 rounds of the championship.

Feb 13-14 was round 6 at Manfeild. We had some good pace in practice and in qualy, we were looking good to be mixing it up the front for the races.

Unfortunately race 1 on the warm up lap had oil pump fail on us, the boys tried to sort it but we got our first DNS of season which pretty much sealed our fate for challenging for the championship.

Sunday's racing was much better with some great racing to be had and was oh so close to that maiden win but just wasn't meant to be. Last few weeks have been busy prepping car got our final round at Puke this weekend.

Very happy with the teams effort in getting car preped and looking grouse for this weekend!! Can't wait get back in the car and finish the season on a high to show our intentions for next season!

Thank you all Brad.

Right: Malcolm Reed in action on the dirt in a very different way over the summer months



## Malcolm Reed's Pace Notes of a new kind!

With the Rallying season just around the corner i am happy to confirm i will be navigating for a fellow Elite Motorsport Academy graduate Sloan Cox in the 2016 New Zealand Rally championship. Sloan and myself have done a lot of off season testing and work together and are pleased with our progress. I am also happy to confirm I will once again team up with 2015 Elite Motorsport Academy Winner Mike Young in the Asia Pacific championship with our Japanese based Cusco team. With both championships requiring full commitment my training with Athlete house in Hamilton has helped to clear my mind and feel physically fit for the challenge. I have also been competing in my first full season in speedway and have been enjoying being apart of the Waikato Raiders Stock car team. This has been another great challenge and as stock car teams racing is very physical and extremely intense once again the skills learnt at the Elite Academy has helped me to be calm and focused especially with every weekend fueled with a form of motorsport.

Cheers Malcolm

## Academy 2016

Yes thats right the academy goes back into camp in July this year with another selection of talented motorsport stars of the future look out for the next issue of the newsletter where we can announce the class of 2016.

## Sam Barry from Utes to Touring Cars

After finishing off a great season in the V8 Utes in 2015 I have been fortunate enough to get the opportunity to race in both a class 2 of the NZ Touring Car Championship and now in the Richards Motorsport Teams Toyota Camry in class 1. We have just had a very successful test day in the Toyota Camry in Taupo where I become happy with the setup and got to know how the team work. The speed that we had throughout the day is looking good coming into the final round in Pukekohe on the 16/17 April.

Thank you all  
Sam



Remember too for other updates on the academy program to look at the official Facebook page where you can not only view the history of the academy but the current news of the academy. Just go to Facebook and search Elite Motorsport Academy New Zealand and you will find us.

