



OTAGO ACADEMY OF
SPORT

2022
ANNUAL
REPORT

CHAIRMAN'S REPORT 2022

After a further year of dealing with the limitations imposed by Covid it appears we may have seen the worst of the pandemic and look forward to a new 'normal'. The efforts that go into the instilling in our young promising athletes the mental health skills, strength and conditioning and general life skills that help them adapt to the pressure of elite sport, should assist them in dealing with the changes in their various sports. The support of family, friends and fellow OAS athletes in their home environment is regarded as a most valuable contribution in their preparation and is reflected in the outstanding performances of our graduates.

The work HPSNZ has been doing around the 2024 strategy, specifically around developing regional sport with clear and connected pathways, has left us in a holding pattern and unsure about our future, however we continue to be dedicated to supporting Otago athletes and teams, and the Academy will continue to deliver the services to our athletes that we have provided so well in the past 20+ years.

We will need to identify and encourage support for our athletes from businesses and trusts in Otago in order to survive as an organisation. We receive no funding support from our national sporting organisations or any other public funding. We greatly appreciate the contributions from the Otago Community Trust, the Aotearoa Gaming Trust and the Bendigo Valley Sport and Charity Foundation, as they keep the Academy operating at its current level. The support of the Dunedin City Council and Sport Otago is also much appreciated. We would love to be able to support more of our local promising individual athletes and team members with the outstanding facilities and providers, and we're working hard to ensure this happens.

Our manager Carmel Leslie continues to drive the Academy and our athletes to increasingly higher levels of commitment and achievement. She appropriately gains much comment from athletes, the NZ Motor Sport Trustees and our other service providers for her dedication and care for the athletes, handling much of the athlete support services. The recent

appointment of Craig Turner, (mental skills coach) has assisted in alleviating some of her workload and therefore her stress levels. Her enthusiasm is infectious, and the Board is very keen to find the resources that will help to keep her contributing to Otago sport well into the future.

We again welcomed the NZ Motorsport Trust in the last week of June 2022. While this week doesn't 'fit' into the past financial year, its success is worth a mention. The 8 young drivers who took part were full of praise for the programme and for the excellent presentations by all our providers.

We will see the names of some of the drivers appearing in the future, adding to a long list of previous attendees who continue to grace the racing circuits around the world. Many hours go into organising this week by Carmel and her assistants, along with the experienced presenters, and the wonderful Otago University facilities, lab technicians and lecturers.

Some individual Academy athletes' highlights for the year include;

1. **Esme Paterson (Swimming):** Selected to represent NZ at the 16th FINA World Short Course Championships in December 2022
2. **Nico Arnold - (Mountain Biking):** 12th Place in the Junior World MTB Cup; Qualified for World Champs and placed 18th (top 20 in the World)
3. **Rosie Falcous:** Selected for the NZ team to attend the Junior World Surf Life Saving Championships in Italy
4. **Sam Flanagan:** NZ Junior Men's Curling Team - 10th at Junior World Champs
5. **Flyn Coburn:** Junior Luge World Cup - 18th Overall; Senior Luge World Cup - 22nd Overall
6. **Zara Geddes:** NZSSAA Cross-country Team (Captain) NZ U18 Womens Team competing in Australia. 2nd in relay and 3rd in teams' race.
7. **James Gardner:** NZ Cycling U-19 Non-Travelling Reserve Rider- Road World Championships 2022, NZ Cycling Project- MitoQ Team for Intelligentsia Cup-10 Kriterium Races, Chicago, USA. Pro Men.

In this past year we have continued to provide our services to various local sports academies, including hockey, basketball, netball, and rowing. This enables us to share our skills with a lot more athletes than just those chosen to attend the Otago Academy programme. I thank my fellow Board members, Helen Littleworth, Dr Tania Cassidy and John Brimble for their contributions. We have had to work hard to navigate the many challenges that exist in the elite sporting space, and in particular the pathway work being done by HPSNZ and the impact the changes will have on how we plan, budget and run our programmes.

If you have made it this far reading my report, I would like to reiterate our need to identify more funding sources, whether they be sponsorships or donations, to enable the ongoing operations of the Academy. A local business might see an alliance with the Otago Academy of Sport as a mutually beneficial relationship with naming rights and Academy athletes promoting their business. Please make contact with the Academy manager or me if this is of interest.

Best of luck to our graduating athletes with your future endeavours in your sport and life. I'm sure you will keep in touch with us to share your successes and if you need any further support.

Steve Brocklebank
Board Chair - 2022

OAS TALENT DEVELOPMENT PROGRAMMES AND S&C ACADEMIES

2022

2022 has been another outstanding year for the Academy. From numerous athlete successes in our athlete development programmes, to the elite motorsport academy camp and subsequent graduate programme, and our team academies, we have had a full and dynamic year thus far. Enjoy reading about the many achievements and developments that have come from the athletes but let us also acknowledge the incredible work of the coaches, volunteers and administrators in our schools, clubs and regional organisations who are so invested in these athletes and sport.

2022 saw our largest number of applicants for the year 1 programme with over 60 applications. It is a difficult undertaking as we work through the selection process, considering athletes from different sports, stages, ages, and predicaments. Being the tertiary melting pot that we are here in Dunedin, we also look at athletes who come from other provinces but choose to reside in Dunedin for either secondary/tertiary education, work, and even to further their sporting careers. We prioritise the athletes who come through the Otago sporting system in their chosen sport(s), many of whom hail from Dunedin, South Otago, Central Otago, and North Otago. We have some very dedicated and clever athletes achieving some impressive results; however, our focus at the Academy is selecting those athletes who are not only talented but ambitious, determined and who have great attitudes.

It is important to note that we are not a high-performance programme working with elite athletes, but one that identifies talented athletes who aspire to represent their province and/or country. Our role is to nurture and support them through education, one on one consults and physical development in the gym, so to assist them in reaching their full potential. We are cognisant of the fact that all our athletes are on different paths and timelines depending on their physical development, sport, and education choices. We therefore offer the best providers in Otago to support them to develop at their appropriate pace and to ensure they can remain in their sport for as long as possible. We want them to enjoy what they do, all whilst achieving their goals and being leaders and role models in their communities.

Adopting a performance lifestyle is something many of our athletes learn during their time in the Academy and we work hard to make sure we are there to support them through their sport and life transitions, and we tailor this support as they move through the programme. We are on hand to assist them with their health and wellbeing, which I believe is one of our most valuable services in our programme. We believe in doing the basics right and giving the athletes the skills to deal with environments that are highly competitive and preparing them for the elite environment that one day may be a reality. It is a tough road to being an elite athlete, so learning to live around tension, love, grit, and care are all important. Helping the athletes to understand what a good stable

environment looks like, how to establish and maintain routines, how to keep healthy and happy, and the importance of planning and being very coachable all contribute to ones' performance.

Our workshop schedule kicked off at the end of March and continues until the end of September when the year two athletes graduate. We are tremendously fortunate to have the skills of our Otago providers Fiona Simpson for nutrition, Craig Turner and Nat Fraser for mental skills, Matt Blair and Bennett Jones for strength and conditioning, me for athlete life and emotional health and wellbeing, and guest providers in Steve Brocklebank for financial planning, and Jodie Brown and Holly Robinson for Drug Free Sport. We also have a list of health professionals who we refer our athletes to where there is a need.

In mid-May we said goodbye to our S&C trainer Lexie Jones-Hall who took up a job in Cambridge working with the performance rowers and welcomed the very experienced Matt Blair to our team. Matt is an S&C coach and a lecturer in the post graduate diploma in physical conditioning at Otago Polytech, and the athletes have thrived under his supervision. Matt has spent time getting to know the athletes, connecting with their respective coaches and working with the athletes, supporting their needs to complement their training and competition calendars. Matt has done an excellent job keeping the gym a happy and productive space, one that focuses on their physical development and their wellbeing.



Many of our year two/three athletes are transitioning from home to uni halls of residence and/or flatting; this requires more support, particularly around managing their time with school/uni and training workload, nutrition requirements and developing strategies around cost effective eating plans and strategies to deal with the pressure and stress of exams, training, competitions, and time away.

In most cases our athletes are at the regional representative level, some have progressed to international levels attending junior world championships and others are managing to podium at NZ events and are still striving to make NZ representative teams. We take immense pleasure in watching the academy athletes progress now and down the track, and we continue to stay in touch with them and connect them with athletes coming into the academy. We had some of our ex-academy athletes come and talk about their athlete journey, they spoke about the trials and

tribulations and the path to where they are now. Honest, raw, and open conversations were well received and created some great discussions. We continue to offer support to athletes after they have completed their 2 years in the academy and many of them take up this offer if they are not yet identified as a supported athlete on the HPSNZ pathway. Slow and steady wins the race, is one of our mottos. Athlete development can be a long journey and we acknowledge that there are many different roads you can take to get to the same destination. Life is full of surprises and the athlete journey is no different.

We again offered performance support to the Goldrush Otago Basketball women's team holding a mental skills workshop for their coaches and athletes. Matt Blair is also working in the gym with athletes from the NNL Otago Netball Academy, the Goldrush Womens Basketball team, the Otago Hockey Academy, and the Otago University Rowing Academy. Included

in this has been work with the Sparks International Rowing Programme who joined in with our Otago University rowing programme. We also have three awesome Ice-Ferns working in our Hockey Academy, three young surf lifesaving women in our scholarship programme who we are supporting whilst they prepare for World Champs in Italy in September, and an amazing young woman Jade Tierney who is from the Cook Islands, who is a K1 paddler and attended the Tokyo Olympics, and is at Otago University studying first year health science. We have three athletes from Oamaru, 2 in the year 2 programme and who will hopefully stay connected to us next year when they come to Dunedin to study, and a young man with loads of athletic talent on the track in our year 1 programme. We have two Central Otago athletes join our programme this year, one a skier and the other a mountain biker. They are both working in the gym in Wanaka and attending our workshops via zoom.



We have again been impacted by the pandemic in terms of sickness, graded returns to sport, missed opportunities around making teams and attending events, but again the athletes have become better at managing their expectations and disappointments and hitting the reset button. We were unable to run our annual Southland/Otago year one camp due to the covid outbreak earlier in the year, however we are looking at putting a weekend camp together for our athletes later in the year.

The many inspiring performances witnessed at the 2022 Commonwealth Games have been a real source of encouragement, and I can see many of our athletes making a shift to a positive mindset and striving for their goals.

Athletes are waiting to hear about regional and national team selections and development camps, and it is my hope that the work we have done with them has equipped them to deal with the highs and lows of team selection. They should all be proud of themselves for their efforts, but more importantly the learnings of their experiences can be banked into their athlete toolbox and can be called upon going into their next season.

Perspective is so important in our sporting journey, recognising that sometimes life just happens and the landscape changes, and it is sport that sometimes must take the back seat, that's ok, there is always a way back. We strive to do our best to support our athletes through giving them knowledge, experience, practical skills, and the relationships they need to climb the ladder to reach their potential and that road can be curly and unpredictable but oh so sweet when the stars align.

Otago Performance Coaches Collective

The Otago Performance Coaches Network was born out of a need for coaches of different codes to connect. The goal was to share ideas, provide support and to educate and update coaches on latest research in sport science and coaching. We heard from Sonya O'Neil the Highlanders professional development manager around emotional intelligence, Matt Blair around athlete loading and injury and Helen Littleworth provided us with some very valuable insights as a top physio working in this field.



We also heard from Shane McLeod who is a New Zealand hockey coach, coaching the Belgium national Red Lions Hockey Team since 2015. He led his team to gold at the 2018 Men's Hockey World Cup, the 2019 European Championship and the 2020 Olympic Games. Shane presented his "Red Lions Story", an inspirational presentation that resonated strongly with performance coaches on his journey of building a program and a team that took Belgium to the top of the world. Coaches are busy people and COVID again played a role in a few cancellations, however we wish to continue this initiative so our coaches' network in Otago feel supported.

Lastly and very importantly I would like to acknowledge the funding support of the Otago Community Trust and the Aotearoa Gaming Trust. Your ongoing year on year support provides certainty and an ability to confidently plan and provide for our Otago sporting talent into the future. Enjoy reading about our academy athletes' successes in 2022.

Carmel Leslie
Programme Manager



ATHLETE RESULTS 2022

YEAR 1

Bernice Cullen Athletics and Netball

- 1st U20 Long Jump & Triple Jump Nationals 2022
- Athletics Otago SS female athlete of the year
- 1st Otago Champs LG+TJ
- U18 Otago Netball Team

Jordan Evans-Tobata

Athletics – 400/800M

- 1st in 400m and 800m at U20 Womens Otago Athletics Champs
- OGHS Senior A Netball Team
- 4th Otago Senior Girls Cross Country

Rosie Falcous Surf Life Saving

- SLSNZ High performance squad
- SLSNZ Team – World Champs Italy



Zara Geddes Athletics – Cross Country

- NZ U18 Womens 5x2000m relay 2nd Place
- 3rd in U18 Women's team race at Australian Cross Country Championships
- 2nd in U18 Women's 2000m Steeplechase at NZ Track and Field Championships
- Broke Otago U18 Women's 2000m Steeplechase record
- Otago Athletics Female Winter Athlete of the Year
- 1st 4000m Cross-Country NZSS Champs
- NZSSAA Cross-country Team (Captain)



Sam Gradwell Hockey

- U18 Otago Hockey 4th at Nationals
- JMC 1st XI – Otago Schools Champs
- JMC 1st XI – 10th at National SS Hockey Tournament (Rankin Cup)
- Kings United Premier Team – 3rd
- U18 NZ Hockey Squad

George Grant Basketball

- U17 NZ Men's Basketball Team
- 3rd Asia Cup U17 NZ Basketball
- 12th Junior World Champs

Abby Harris Basketball/Netball

- Netball NZ & Basketball NZ U18 Camp
- Junior Tall Ferns Squad
- Otago Basketball U19 4th at Nationals
- Gold Rush D-League 2nd at Nationals
- Named in the Netball Talent Identification Squad



Macka Harvey Hockey

- Otago Senior Women's Team
- OUHC Premier Women



Kiaryn Hatch Rugby and Rugby League

- South Island U20 Rugby League Team
- 2nd at U20 Rugby League Nationals
- Premier Club Rugby Champions – Southern Magpies

Rebecca Johnstone Football

- U18 Squad National Women's League
- Regional Talent Camp
- Roslyn Football 2nd in Club comp

Demi McAlwee Hockey and Touch

- U18 NZ Touch Trial
- Otago U18 Girls Hockey Team 8th at Nationals
- St Hilda's 1st XI Hockey Dunedin Secondary Schools



Luke Moffitt

Athletics, Triple Jump/Pole Vault

- 1st U18 Pole Vault & 2nd U18 Triple Jump Nationals
- Most Improved Junior Athlete – Otago Athletics

Emilie Nicholson Netball

- Debut for Southern Blast NNL
- Otago Secondary School Champs
- U18 Dunedin Rep Team
- 9th at Nationals for U18 Team
- NZ SS Netball Squad
- Named in the Netball Talented Identification Squad

Isy Parry Football/Cricket

FOOTBALL

- Southern United Wider squad & Youth Womens squad selection
- Member of the Roslyn Wakari AFC women's premier team: 2nd in ODT Womens Southern premiership
- 4th Womens South Island Champs

CRICKET

- Member of the Emerging Sparks Squad with hopes to play for Otago U19's at Nationals this December and the Sparks over the summer
- Goal to be involved in the U19 NZ cricket world cup camps over the coming season.



Esme Paterson Swimming

2022 NZ Open Swimming Championships

- 2nd 200m butterfly, 4th 100m butterfly, 7th 100m freestyle
- Otago Female Open Long Course record 100m butterfly (20 year record broken)

South Island Long Course Championships

- 1st 200m fly, 1st 100m fly, 2nd 50m freestyle

Otago Short Course Championships

- 1st 50m fly, 1st 100m fly, 1st 200m fly, 1st 100m IM, 2nd 100m freestyle



Results from NZ short course

- Otago record in the 50 fly and 100m fly
- 1st Open 200m Fly, 2nd Open 100m Butterfly, 2nd Open 4x100 medley relay
- Fina B time in the 200m Butterfly (consideration for worlds)
- Got selected to represent NZ for World Short Course in Melbourne

Liam Prouting-Gardner Athletics – 400M

- 1st in Yvette Williams Memorial Event 400m
- 2nd Club Nationals (Hastings) 400m
- Otago Champs 400m = 1st, 300m = 1st, 200m = 2nd



Gemma Rowcroft Netball and Touch

- Dunedin U18's Netball 9th at Nationals
- Upcoming Otago Open Women's Touch Trials
- Named in the Netball Talented Identification Squad



Harriet Thompson Rowing

Otago Girls Maadi Cup

- 2nd A Final girls U17 single sculls, 3rd A Finals girls U17 Coxed Quad
- South Island Junior Rowing Team

Sylvia Trotter Freestyle Skier

- 1st Slopestyle Canadian Timber Tour British Columbia Nationals
- 1st Big Air Canadian Timber Tour British Columbia Nationals

Thomas Benson Free Skier

- Comp season beginning now (missed first comp due to a leg injury playing hockey).

Morgen Antone

Downhill Mountain Biking

- Back racing after a broken collar bone earlier in the year



YEAR 2

Nico Arnold Mountain Biking

- 12th Place in the Junior World MTB Cup
- Qualified for World Champs and placed 18th (top 20 in the World)

Madi Wills Swimming

- Offered a scholarship to Wisconsin Milwaukee University in August 2022.
- Decided to defer as she has been hit hard by sickness this year.

Flyn Coburn Lugeing

- Junior Luge World Cup – 18th Overall
- Senior Luge World Cup – 22nd Overall
- NZ Luge Nationals Single – 2nd, Doubles 2nd, Naseby Cup 2nd.



Sam Flanagan Curling

- NZ Junior Men's Curling Team
- 10th at Junior World Champs
- 1st NZ Luge Nationals and Naseby Cup

Cole Gibbons

Athletics – Pole Vault and Hurdles

- Outstanding secondary school Otago Male Athlete of the Year
- U20 Men's 110m hurdles 1st Place (Ranked 1st in NZ for 2022)
- U20 Men's Pole Vault 2nd Place



Ben Kay Cricket and Rugby

- Otago U17 Men's Bowler of the Year
- Otago Cricket U19 Development Squad
- St Kevin's 1st XV Captain
- North Otago Men's Heartland Squad 2022
- North Otago U18 Rugby Team 2022

Tom Gold Swimming

- Coming off an elbow injury that required surgery, Tom is in the gym and is back in the water and in training for the NZ Championships in April 2023

Tom Meder Hockey

- U18 Otago Hockey 4th at Nationals
- JMC 1st XI – Otago Schools Champs
- Taieri Premier Team – Club Champs
- U18 NZ Hockey Squad



Cam Moffitt Athletics

– Decathlon & Hurdles

- 2nd Cooks Classic 400m Hurdles
- 1st U20 400m Hurdles Nationals

Grace Southby Netball

- Southern Blast NNL Team
- Southern Blast NNL Most Improved Player 2022
- U18 Dunedin Rep Team – Captain



Jess Tyrrell Netball

- Southern Blast Training Squad
- Dunedin Netball Open Team - Nationals

Lachie Colquhoun Hockey and Handball

- NZ Men Handball Training Squad
- Otago Men's and U20 Handball Team
- Otago Senior Men's B Hockey Team (Goalie)



Ella Booth Hockey

Challenging year coping with a chronic back injury, working towards getting back to playing in 2023.

Ezekiel Pine Swimming

The focus of 2022 was building strength in the gym and working on technique in the pool, maintaining fitness and not competing. I am now training for NZ Champs in April 2023.

Georgie McCarthy Rugby

Captain of St Kevins 1st XV Rugby Team Will keep working hard and would like to be selected for the Otago Spirit in the future.

Sarah Langsbury Athletics

– hurdles and long jump

- Excited and preparing to get back to the athletics track
- Working on her fitness, strength in the gym and technique. Training under Brent Ward.

Hannah Sime Ice Dancing

After an incredible ice show in which Hannah was cast as a principal role, she planned to leave for Russia to train with a top coach, however, the war with Ukraine broke out and this quashed her plans. She ended up training under Olympic coaches in Lyon, France and Novi in the USA. She was successful in her partner search and ended up relocating to Novi to train with him - unfortunately due to injury this ended up not working out and she has returned home.

OAS SCHOLARSHIP ATHLETES YEAR 3+

James Gardner

Road Cycling:

- NZ Cycling U19 Non-Travelling Reserve Rider
- Road World Championships 2022
- NZ Cycling Project- MitoQ Team for Intelligentsia Cup-10 Criterium Races, Chicago, USA. Pro Men.
- 1st U19 Men New Zealand National Championships Road Race
- 1st A Grade Fight for Yellow 2-day stage tour. Winner GC
- 1st Overall Southland Festival of Cycling Gore to Invercargill
- Sport Otago Emerging Talent Finalist
- SISS Road Champs ITT 2nd, Road Race-4th U20
- Cycling Otago- Otago Championships Road Race 1st & ITT 1st
- Vantage Criterium National Championships - U19 5th
- Lake Dunstan Road Race 96km 2nd overall, 1st U20

Mountain Biking:

- XC Cross Country
- NZMTB XCO National Series 2022 2nd place U19.
- Bannockburn MTB XC race-placed 2nd U19
- Sandy Point 8 hour team- 1st Open Mixed.

Track Cycling:

- Cycling Southland New Year Track Carnival: Elite Elimination 2nd, Elite win & out 2nd, Elite Kerrin 3rd.

Hannah Matehaere

- 2nd at the Women's D league basketball National tournament
- 2nd at the 3x3 national tertiary championships
- Won the Otago Womens A grade Basketball competition
- Named in the All Star 5

Harriett Cuttance

- Southern Blast NNL Team
- Otago Sparks Squad
- Maiden First Class Wicket

TEAM ACADEMIES

HOCKEY

Zach Mason, Benji Culhane, Craig Turner & Finn Ward

- 2022 National Championship Winners

Zach Mason, Craig Turner

- Otago Senior Mens

Connor Hoskin, Benji Culhane

- NZ U21 Squad
- Otago Senior Mens

Dan Torr

- NZ U21 Squad
- Otago Senior Mens B

Finn Ward

- NZ Hockey Performance Network
- Otago Senior Mens

Annabelle Schneideman

- Otago Senior Womens
- U21 NZ Squad

Ella Greenwood, Ella McCall, Lucy Simpson, Pippa Croft, Tessa Buschl, Annabelle Scheideman

- Otago Senior Womens Team

ICE HOCKEY

Abbey Heale, Caitlin Heale, Rina Watt

Above athletes are in the Ice Ferns, Otago Womens Ice Hockey team and train with the Dunedin Thunder Men's Ice Hockey Team.

ROWING

Jack Pearson, Eleanor Baldi

- New Zealand Junior Trial

Connor Bacchus

- New Zealand Juniors to Italy

Claudia Kinder, Oliver Fahey, Ella Price

- New Zealand Universities Eight to Australia

Ella Price, Fred Vavasour

- New Zealand U21 Trial

Ella Hansen, Oscar Rushton

- New Zealand Under 21s to Australia

Kobe Miller, Sally Wylaars, Reuben Cook, Ben Mason

- New Zealand Under 23s to Italy

Henry Kirk

- New Zealand Juniors to Australia

SURF LIFE SAVING

Claudia Kelly

- NZ SLS Open Squad
- Reserve for NZ Open SLS team for Worlds in Riccioni, Italy, 27th September – 3rd October.

Molly Shivan

- NZ SLS Open Squad
- Selected for NZ Open SLS team for Worlds in Riccioni, Italy, 27th September – 3rd October.

Olive Pearce

- NZ SLS Open Squad
- Selected into Canoe Racing New Zealand (CRNZ) 2022 Performance Pathway Squad

NNL (Southern Blast Team)

Kate Hartley

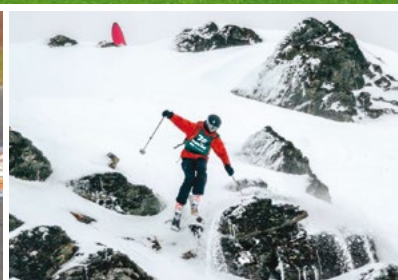
- MVP 2022

Grace Southby

- Most Improved

Goldrush Otago Basketball Team

A great pre-season with Matt Blair in the gym training for the upcoming national competition. It starts on the 19 November and goes until the 6 December; 18 games will be played between the top 6 women's basketball teams in New Zealand.





MOTORSPORT ACADEMY

2022 ELITE MOTORSPORT CAMP AND 2022 GRADUATE PROGRAMME

The Otago Academy of Sport were again thrilled to work with some of New Zealand's rising motorsport talent at the 18th Elite Motorsport Academy camp based here in Dunedin. Drivers, Trustees, MSNZ personnel and providers descended on Dunedin at the end of June, and everyone was keen to get going after a lot of organisation and pre-camp administration.

The athletes were eager to dive into the gruelling weekly schedule of workshops and physical challenges, both at the Otago University of Sport and Exercise Science and the HPSNZ boardroom and gymnasium, as well as Dunedin's great outdoors. They were put through their paces in the classroom learning about the sports science behind optimising performance and had two fantastic days working with physiologists in the lab testing their VO2max and on the simulators in the heat chamber looking at the effects of heat on performance. There was a real mindset shift to understanding what a performance lifestyle looks like and what actions are necessary to take the steps to being an elite motorsport athlete. It was heartening to see the personal growth that occurred during the week, with relationships growing and the drivers absorbing and processing all the knowledge and advice offered to them during the week.

We had a special guest to open the camp, Dunedin's very own motorsport superstar rally driver Emma Gilmour. She was in the United Kingdom where she was partaking in the Extreme E Series as a driver for McLaren and attending events including the Goodwood Festival of Speed and the Silverstone F1 over the northern summer. Emma prepared a recorded video message where she shared her wisdom from her many experiences, including her time in the Elite Motorsport Academy in 2004. She also discussed how she has used her connections and learnings in both driving and business. The athletes were also treated to another kiwi icon zoom recording with Scott Dixon, (for those of you who do not know him, he is a professional racing driver from New Zealand, who competes in the NTT IndyCar Series for Chip Ganassi Racing). This was organised by David Turner, one of the elite motorsport trustees and producer/commentator, including the Olympics, and many motorsport events. This was a real treat for the boys and very inspiring too.

All the athletes worked so hard in their respective teams earning points throughout the camp which contributed to an overall winning team award and individual placings. Congratulations goes to Troy Pennington who is the first TQ midget driver who has been through the Academy. He won the overall top camp

graduate trophy, the Bruce McLaren Cup and was over the moon. Hugo Allan came second and Marco Giltrap third. The Blue team comprising Jackson, Troy, Hayden and Marco were the winners at the end of camp week.

Following camp, the individual performance plans (IPP's) were developed, and providers were sourced across NZ to deliver support over the next 10 months to the athletes in the identified areas. The athletes are underway in the graduate programme, many preparing for the upcoming season and are getting support with juggling work, school and university commitments with the many long hours required to stay fit and prepare their cars, procure sponsorship and plan for their season. The Ian Snellgrove trophy is also up for grabs; this is for the top motorsport athlete in the graduate programme and is awarded at the annual Motorsport Awards around May 2023. This prestigious trophy, awarded in memory of former Motorsport New Zealand General Manager and Academy trustee Ian Snellgrove, was presented to James Penrose at the Motorsport New Zealand Awards Evening in July 2022. James was in the elite motorsport academy in 2021. Enjoy reading about the elite motorsport athletes, their future goals and their successes over the past year or so.



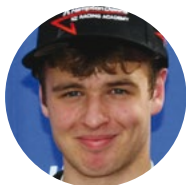
Hugo Allan Toyota 86



2022 marked the beginning of my first full season of car racing having just one race weekend of experience prior. It was a strong season for myself where I achieved my goals of becoming the Toyota 86 Rookie Champion and finishing the championship in the top 6. Both goals were achieved finishing 140 points clear of next best rookie and 4th overall in the championship just 2 points away from 3rd. Following on from the commencement of the 2022 86 Championship I was invited to race alongside a sim-racing mate of mine at Queensland Raceway in a Hyundai Excel Endurance race. With Broc Feeney on engineering duties for our car we finished 3rd beating the likes of Kostecki, Herne, Rowbotham and more.

In 2023 I plan to compete once more in the Toyota 86 Championship and back up my strong results from the 22' season. I also have confidence in winning the Team Porsche New Zealand Scholarship for either the '23 or '24 season.

Zac Christensen Formula Ford



Last season I competed in the South Island and National Formula Ford Championships. I managed to come first overall in the fiercely contested South Island series, featuring on the podium thirteen times, six of them being on the top step. Despite having a DNF in the 8th race of the National Championship, I was able to come second overall, winning three races and finishing second in four races.

I was selected for the 2022 Motorsport New Zealand Elite Academy. Camp week was an awesome opportunity for me to develop valuable Motorsport and life skills amongst other talented drivers and insightful tutors. Since graduating from the camp, I have been working with providers set up for me in the yearlong Academy programme; working on many key areas to be a successful racing driver and person.

This up-and-coming 2023/24 season, me and my team will be stepping up and competing in the six round NZ Formula Open Series in a TRS FT-40 race car. From this series I will gain valuable experience driving on slick tyres and with aero, which is key for me moving forward in my career.

Robbie Stokes Rally - Driver



It's been a remarkably busy year for me, and I have really enjoyed the challenges that have been thrown my way. Although some of the results have not gone my way, the speed of the car is great, we just need to refine all the other areas to be on top. To be a part of the Elite Motorsport Academy has been amazing. The camp was brutal but rewarding at the same time. Many thanks go to the trustees and the Otago Academy of Sport.

Updates:

- Started a contracting business
- Multiple radio interviews about my progress in rallying with Newstalk ZB and Today FM
- Sponsorship from Team Hutchinson Ford and Ford New Zealand
- First overall Championship win

Results: 2021

- Mainland Rally Champion
- 1st Canterbury Rally
- 2nd NZRC at Rally Hawkes Bay
- 3rd Lawrence Rally
- 4th outright in a 2wd at Westland Rally

2022

- 4th Rally Otago
- 1st NZRC stage win at Rally Hawkes Bay

Jackson Clendon Rally - Driver



After recovering from a massive camp week, it was back to work for me. Post camp I immediately implemented what I'd learnt, particularly

in nutrition and sleep hygiene and have seen massive improvements in my day-to-day life.

After the disappointment of not being able to finish the season at Rally New Zealand, I have switched my focus to having the best possible 2023 season and am utilising the providers offered to me in the graduate programme to help me with my plan.

For the remainder of the year, I'm looking to get more seat time. Recently, I just competed on my first event back, in a crosscar at the mini pikes Hillclimb in Whanganui. I managed to get my first overall event win, something I'm pretty proud of.

Short term Goals:

- 2023 New Zealand 2WD Rally Champion.
- Compete in FIA Rally star shootout in India.

Troy Pennington Captain TQ Midget



The 2021-2022 season was a tough one for me. I had a lot of mechanical errors out of my control which affected the limited races we attended in the COVID-affected season. I won the King of The Springs towards the end of the season, proving I had the speed when nothing went wrong. The previous season's results showed my real pace with a win in the BT Memorial, 2nd in the TQ Grand Prix, 2nd in the TQ Masters and 4th Overall in the season points, which I look to build on this year.

Once returning from the camp week, I have been straight into working on my hydration skills and strength training to prepare me for the upcoming race season. I have also been utilising mental skills, which was a key topic for me at the academy in juggling work, university and motorsport commitments to a greater level. I have been enjoying learning more about myself and preparing to be the best athlete I can be for the upcoming season with the help of my learnings at the camp and my IPP plan.

I will be working on placing in the New Zealand TQ Championship and winning the points Championship this season with my aim of running a Midget car in New Zealand in the foreseeable future, with aspirations to make it to the USA in years to come.

Hayden Bakkerus Formula Ford

After attending the Elite Motorsport Academy, I put everything I had learnt in to practice. I have been preparing for the upcoming season in Formula Ford and although not having any seat time there has been plenty to work on. I am very proud to be chosen as one of three Kiwis to attend the trials of the Ferrari Driver Academy. In preparation for such an opportunity, Drivelabs have generously lent me their high-end simulator for the next few weeks, whilst I train to drive in Sepang Malaysia, and I cannot thank them enough.



Taking in all the information received in the camp week, I have dialled in my nutrition, training, preparation and have approached new sponsors. A major learning curve that the Elite Motorsport Academy outlined for me was the importance of media. As part of my media strategy, I have organised an interview on a Motorsport Podcast with Stephen McIvor and Greg Murphy. I have also connected with my local paper and organised an article on my career and aspirations.

Results:

Formula Ford Winter Series

- Round 1 - 2nd
- Round 2 - 2nd
- Round 3 - 2nd
- Round 4 - Did not compete
- Championship - 2nd

NIFF (North Island Formula Ford)

- Round 1 - 2nd
- Round 2 - 2nd
- Round 3 - 6th
- Round 4 - 3rd
- Round 5 - 8th (engine caught fire)

Championship

- Class 1 - Winner
- Overall - 2nd (even points)
- Rookie of the Season

National round

- P3 Qualifying
- P6 Overall

Marco Giltrap Toyota 86

2022 was a successful year in my second season of racing cars. We competed in the highly contested Toyota 86 Championship and finished 3rd overall grabbing 8 podiums throughout the season. We moved on and competed in the North Island Endurance Championship winning our class in that. Since the Academy I feel I have improved my processes a lot and this will make me an all-round better driver. I am continuing to work with providers to make myself a better driver on and off the track. As I look ahead to 2023, I have goals to compete overseas in Australia, but work is still needing to be done for me to achieve my goals which I am thoroughly looking forward to.



Sebastian Manson Formula Ford

My name is Sebastian I'm a 14-year-old up and coming driver from Auckland. I have come from a motorsport loving house. At the age of five I was gifted a kart by my father. This was the start of a drive and passion of racing. I have competed in karting for 9 years and have had some great results in NZ and overseas. In 2019 I competed in the Rotax Grand final placing 5th from grid 26. I have also competed in the race of stars and two seasons of Australian Rotax Max Challenge winning a South Australian state title. This is my first season in a Formula Ford. Motorsport for me has always been a family event. Travelling with my family throughout the country most weekends and occasionally overseas.



Highs:

- 2022 CIK trophy winner in both Rotax Jr and DVS Jr
- 2nd Rotax Jr Karting nationals 2021
- Winning nationals' schools title 2019, 2021 with my brother
- 2018 South Australian state champion at the Bend Motorsport Park
- 2020 karting top half series 1st place
- Winning the final of my first Formula Ford race at Hampton Downs 2021

Massive thanks to the Elite Motorsport Academy Trust and the Otago Academy of Sport. The whole week was amazing. Big congrats to Troy Pennington. I was thrilled to be part of the 2022 Elite motorsport graduates.

TRUSTEES

A big thank you goes to the Motorsport Trustees for their continued support and dedication to the Elite Motorsport Academy Programme, which provides an incredible opportunity and platform for young up-and-coming New Zealand drivers.

All Trustees were present at the camp offering their expertise and knowledge as well as the MSNZ President Wayne Christie and MSNZ CEO Elton Goonan, who were both present toward the end of camp and were there to offer encouragement and support.

Elite Motorsport Academy Trustees:

David Turner, Alastair Wootten, Lyall Williamson, Tony Herbert (retired in 2022), replaced by Richard Giltrap. Planning is already underway for 2022 with dates already set for the camp in 2023: Sunday 2nd July – Saturday 8th July.



SUMMARY STATEMENT OF FINANCIAL PERFORMANCE

For the year ended 30 June 2022

	TRUST		ACADEMY	
	2022	2021	2022	2021
	\$	\$	\$	\$
Revenue				
Grants	-	-	57,750	46,000
Wage Subsidy/Resurgence Grant	-	-	1,652	8,823
Coach Forum/Projects & Services	-	18,421	103,325	56,402
Interest	386	276	7	5
Total Revenue	386	18,697	162,734	111,230
Expenses				
Employee Related Costs	-	-	62,252	51,222
Programme Delivery and Operating Costs	1,741	2,127	107,087	71,498
Coach Education Forum	-	10,976	-	-
Total Expenses	1,741	13,103	169,339	122,720
TOTAL NET REVENUE/(EXPENSES)	\$ (1,355)	\$ 5,594	\$ (6,605)	\$ (11,490)

SUMMARY STATEMENT OF MOVEMENTS IN EQUITY

For the year ended 30 June 2022

	TRUST		ACADEMY	
	2022	2021	2022	2021
	\$	\$	\$	\$
Opening Equity	55,984	50,390	10,584	22,074
Plus Net Revenue/(Expenses)	(1,355)	5,594	(6,605)	(11,490)
Closing Equity	\$ 54,629	\$ 55,984	\$ 3,979	\$ 10,584

SUMMARY STATEMENT OF CASHFLOWS

For the year ended 30 June 2022

	TRUST		ACADEMY	
	2022 \$	2021 \$	2022 \$	2021 \$
Net Cash Inflows (Outflows) from (to):-				
- Operating Activities	(1,050)	6,345	22,352	(15,764)
- Investing Activities	-	-	-	-
Net Increase /(Decrease) in Cash Held for Year	(1,050)	6,345	22,352	(15,764)
Cash at the Beginning of the Year	57,611	51,266	15,097	30,861
Cash at the end of the year	\$ 56,561	\$ 57,611	\$ 37,449	\$ 15,097

SUMMARY STATEMENT OF FINANCIAL POSITION

As at 30 June 2022

	TRUST		ACADEMY	
	2022 \$	2021 \$	2022 \$	2021 \$
Equity	\$ 54,629	\$ 55,984	\$ 3,979	\$ 10,584
Represented by :-				
Current Assets				
Bank, Call & Term Deposits	56,561	57,611	37,449	15,097
Interest Accrued	68	7	-	-
Receivables & Prepayments	150	608	9,351	7,445
Total Assets	56,779	58,226	46,800	22,542
Less				
Current Liabilities				
Accounts Payable	-	-	5,398	1,982
Accruals	2,150	2,242	11,173	9,976
Income in Advance / Unexpended Grants	-	-	26,250	-
Total Liabilities	2,150	2,242	42,821	11,958
NET ASSETS	\$ 54,629	\$ 55,984	\$ 3,979	\$ 10,584

For and on behalf of the Board :-



Board Chair (S Brocklebank)

Date: 7 September, 2022



Board Member (H Littleworth)

Date: 7 September, 2022

NOTES TO THE SUMMARY FINANCIAL STATEMENTS

For the year ended 30 June 2022

1. These summary financial statements have been extracted from the full financial statements approved by the respective Boards on 7 September 2022. The full statements of Academy South Island Education Trust have been prepared in accordance with PBE standards as stated in its accounting policies.
2. The full financial statements have been prepared in accordance with the stated policies of the Trust and Society respectively. These summary financial statements comply with the accounting standard PBE FRS 43 "Summary Financial Statements" as appropriate for a public benefit entity.
3. The full financial statements of the Otago Academy of Sport and Academy South Island Education Trust, are available and may be obtained from 130 Anzac Avenue, Dunedin.
4. The summary financial statements cannot be expected to provide as complete an understanding as provided by the full financial statements.
5. The full financial statements have been independently reviewed and an unmodified review opinion has been issued on the financial statements of Academy South Island Education Trust and the Otago Academy of Sport Incorporated. In addition, these summary financial statements have been reviewed by the auditor, and their report is attached.

SUMMARY OF GRANTS

Otago Community Trust: \$35K

- OAS Talent Development Programme

Aotearoa Gaming Trust: \$14K

- OAS Talent Development Programme

Bendigo Valley Sport & Charity Foundation: 1K

- Contribution to HPSNZ Gym Equipment Fund

AUDIT REPORT



Independent Assurance Practitioners' Review Report on Summary Financial Statements

to the members of the Academy South Island Education Trust and Otago Academy of Sport Incorporated

Report on the Summary Financial Statements

We have reviewed the accompanying summary financial statements of Academy South Island Education Trust and Otago Academy of Sport Incorporated which comprise the summary statements of financial position as at 30 June 2022, the summary statements of financial performance, summary statements of movements in equity and summary statements of cash flows for the year then ended, and related notes, which are extracted from the reviewed financial statements of both entities for the year ended 30 June 2022.

We have issued our independent assurance practitioners' review reports on the financial statements of Academy South Island Education Trust and Otago Academy of Sport Incorporated on 7 September 2022. Our review reports on Academy South Island Education Trust and Otago Academy of Sport Incorporated are unmodified.

The summary financial statements do not contain all the disclosures required for full financial statements under the accounting policies adopted by both entities. Reading the summary financial statements, therefore, is not a substitute for reading the reviewed financial statements of Academy South Island Education Trust and Otago Academy of Sport Incorporated.

Boards' Responsibilities for the Financial Statements

The respective Boards of Academy South Island Education Trust and Otago Academy of Sport Incorporated are responsible for the preparation of the summaries of the reviewed financial statements in accordance with PBE FRS-43: Summary Financial Statements.

Assurance Practitioners' Responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with the International Standard on Engagements to Report on Summary Financial Statements ISA (NZ) 810.

Other than in our capacity as assurance practitioners conducting the review procedures in accordance with the International Standard on Review Engagements (New Zealand) 2400, we have no relationship with, or interests in, Academy South Island Education Trust or Otago Academy of Sport Incorporated.

Opinion on the Summary Financial Statements

In our opinion, the accompanying summary financial statements have been correctly derived from the reviewed financial statements of Academy South Island Education Trust and Otago Academy of Sport Incorporated for the year ended 30 June 2022 and they are consistent, in all material respects, with those financial statements, in accordance with PBE FRS-43.

Restriction on Distribution or Use

This report is made solely to the members of Academy South Island Education Trust and Otago Academy of Sport Incorporated, as separate entities. Our review work has been undertaken so that we might state to the members those matters which we are required to state to them in a review report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the members, as a body, for our review procedures, for this report or for the opinion we have formed.

Chartered Accountants
7 September 2022

Dunedin

BOARD PROFILES

STEPHEN BROCKLEBANK

- Chair

Business advisor at BB&S (Accountants) in Dunedin. Chairman of 4 Trades Apprenticeship Trust and the St Clair Golf Club Board of Management. He is a Fellow of Chartered Accountants Australia & New Zealand, a Life Member of the Otago Chamber of Commerce Incorporated, a member of the NZ Institute of Directors and the NZ Trustees Association. He has also held positions on several boards of sporting organisations in Dunedin. In earlier days he played rugby for Southern and Otago and senior cricket for Albion CC. Now its golf, mountain biking and fishing for fitness and to get into the outdoors.



JOHN BRIMBLE

John was appointed in 2013 and has degrees from Auckland, Otago and Australian Universities and a background in production management, industrial relations/advocacy, contract and project management, strategic and business planning, business re-engineering and recovery. He has worked in both the private and public sector in senior roles including Health, Education and Local Government. He has had a long involvement in sport as a competitor, administrator, and in a governance role, and is currently CEO of Sport Otago. He has served 14 years on the Board of Presbyterian Support Otago, 12 of those years as Chairman of the finance committee. John has previously served on the Board of Basketball Otago and on the Board of Water Safety New Zealand, he sits on the New Zealand Masters Games Company Board and is chair of the Masters Games Trust Dunedin. He is also a member of the Sport and Recreation Industry Advisory Group.



DR. TANIA CASSIDY

Associate Professor Tania Cassidy works at the School of Physical Education, Sport and Exercise Sciences, University of Otago. Her area of teaching and research interest is sports coaching, specifically coach and athlete development. She is the first author of two co-authored texts; 1. *Understanding Sports Coaching: The Pedagogical, Social, and Cultural Foundations of Sports Practice*, and, 2. *Understanding Strength and Conditioning as Sport Coaching. Bridging the Biophysical, Pedagogical and Sociocultural Foundations of Practice*. Tania has extensive local, national, and international networks, as well as being on advisory groups for Hockey New Zealand and New Zealand Football. At the local level Tania is the Chair of the Otago Hockey Board, is on the governing board of Football South and is the President of the Opoho Bowling Club. In her capacity of the board of Otago Academy of Sport she has been the co-coordinator of the three biennial Connecting Coaches conferences. Tania has also developed bespoke coach development programmes for the Chinese Culture University (Taiwan), and the Otago Rugby Union and in pre-COVID times she was a Visiting Professor at the University College Cork, Ireland.



HELEN LITTLEWORTH

A 2005 appointment, Helen is a Director and Senior Physiotherapist of a Dunedin-based sport and musculoskeletal physiotherapy clinic. She has worked with a wide range of sporting codes and teams, including the 1998, 2002 Women's Rugby World Cup-winning Black Ferns, Paralympic athletics team in 2014-16, 2007-2012 Athletics team to World Championships and White Ferns cricket team 2014-2021. Helen has been team physiotherapist at Beijing and London Olympics, 2016 Rio Paralympics, various Commonwealth Games and World Championship events. Helen is presently working with local women's sporting teams including Otago Sparks cricket team and Southern United Womens football. Helen is a former Black Ferns captain and was a New Zealand Black Stick hockey representative.



BOARD OF DIRECTORS

Stephen Brocklebank – Chair
John Brimble
Dr Tania Cassidy
Helen Littleworth

OUR TEAM

Academy Otago
(includes Central and North Otago)

Carmel Leslie
Programme Manager &
Athlete & Wellbeing Advisor

Craig Turner
Programme Assistant
and Mental Skills Provider

Natalie Fraser
Service Provider (Athlete Life and
Mental Skills Workshops)

Fiona Simpson
Service Provider (Sports Nutrition
Workshops and One on One Consults)

Matt Blair
Service Provider
(S&C - Athlete/Coach Liaison)

Elite Motorsport Academy 2022/2023

Carmel Leslie
Camp Coordinator/Post Graduate
Programme Coordinator

Assistant Camp Coordinators:
Nat Fraser & Craig Turner

OFFICE
HPSNZ Building,
130 Anzac Ave, Dunedin 9016

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www.oas.org.nz

EMAIL
admin@oas.org.nz

ACCOUNTANTS
BB&S

SOLICITORS
Preston Russell Law

BANKERS
ASB

AUDITORS
Audit Professionals, Dunedin

2022 OAS ATHLETES AND TEAMS

ACADEMY OTAGO

(Including North Otago and Central Otago)

YEAR ONE

Rosie Falcous	Surf Life Saving
Sam Gradwell	Hockey
Macka Harvey	Hockey
Bernice Cullen	Athletics
Gemma Rowcroft	Netball/Touch
Emilie Nicholson	Netball
Abby Harris	Basketball/Netball
Harriet Thompson	Rowing
Luke Moffitt	Athletics
Zara Geddes	Cross country
George Grant	Basketball
Rebecca Johnstone	Football
Isy Parry	Cricket/Football
Demi McAlwee	Touch/Cricket
Jordan Evans-Tobata	Athletics
Esme Paterson	Swimming
Kiaryn Hatch	Rugby/Rugby League
Thomas Benson	Free skier
Morgan Antone	Downhill Mountain Biking
Liam Prouting-Gardner	Athletics

YEAR TWO

Cameron Moffitt	Athletics
Hayley Marx	Athletics
Cole Gibbons	Athletics
Hannah Sime	Figure Skating
Grace Southby	Netball
Jess Tyrrell	Netball
Tom Meder	Hockey
Lachie Colquhoun	Hockey/Handball
Ella Booth	Hockey
Tom Gold	Swimming
Madison Wills	Swimming
Ezekiel Pine	Swimming
Flyn Coburn	Natural Track Luge
Sam Flanagan	Natural Track Luge/Curling
Nico Arnold	Mountain Biking Downhill
Ben Kay	Rugby/Cricket
Georgie McCarthy	Rowing/Rugby/Touch

YEAR THREE

James Gardner	Cycling
Harriett Cuttance	Netball/Cricket
Jade Tierney	K1 Paddler
Hannah Matehaere	Basketball
Molly Shivan	Surf Life Saving
Claudia Kelly	Surf Life Saving
Olive Pearce	Surf Life Saving

MOTORSPORT ACADEMY 2022

Robbie Stokes, Zac Christensen, Hugo Allan, Sebastian Manson, Troy Pennington, Jackson Clendon, Hayden Bakkerus, Marco Giltrap

TEAM ACADEMIES 2022

University Otago Rowing Club:

Kobe Miller, Sally Wylaars, Reuben Cook, Ben Mason, Oliver Fahey, Angus Kenny, Oscar Rushton, Fred Vavasour, Henry Kirk, Jack Pearson, Connor Bacchus, Cody Johnson, Teddy George, Juliette Lequex, Charlotte Darry, Kate Pitcaithly, Claudia Kinder, Ella Price, Jaime Breen, Caitlin Revell, Eleanor Baldi, Phoebe Barratt, Ella Hansen

Otago Hockey:

Finn Ward, Zach Mason, Craig Turner, Ella McCall, Daniel Torr, Ella Greenwood, Connor Hoskin, Benji Culhane, Pippa Croft, Tessa Buschl, Brooke Eddie, Lucy Simpson, Annabelle Schneideman

Ice Hockey:

Abbey Heale, Caitlin Heale, Rina Watt

NNL 2022:

Ivari Christie, Harriett Cuttance, Isabella Galvan, Kiana Pelasio, Grace Southby, Ana Taka, Della Vining, Georgia White

GoldRush 2022:

Abby Harris, Annabelle Ring, Brittany Richards, Caitlin O'Connell, Dre Whaanga, Hannah Matehaere, Laura Ring, Sophie Adams, Jordyn Chin, Milly Ford, Petra Sparks



Otago hockey team winning the national championships

The Academy Otago, Central Otago and North Otago Talent Development Programme is kindly supported by:

